



Becoming Odysa: Adventures on the Appalachian Trail

By Jennifer Pharr Davis

Download now

Read Online 

Becoming Odysa: Adventures on the Appalachian Trail By Jennifer Pharr Davis

After graduating from college, Jennifer isn't sure what she wants to do with her life. She is drawn to the Appalachian Trail, a 2175-mile footpath that stretches from Georgia to Maine. Though her friends and family think she's crazy, she sets out alone to hike the trail, hoping it will give her time to think about what she wants to do next. The next four months are the most physically and emotionally challenging of her life. She quickly discovers that thru-hiking is harder than she had imagined: coping with blisters and aching shoulders from the 30-pound pack she carries; sleeping on the hard wooden floors of trail shelters; hiking through endless torrents of rain and even a blizzard. With every step she takes, Jennifer transitions from an over-confident college graduate to a student of the trail, braving situations she never imagined before her thru-hike. The trail is full of unexpected kindness, generosity, and humor. And when tragedy strikes, she learns that she can depend on other people to help her in times of need.

 [Download Becoming Odysa: Adventures on the Appalachian Tra ...pdf](#)

 [Read Online Becoming Odysa: Adventures on the Appalachian T ...pdf](#)

Becoming Odysa: Adventures on the Appalachian Trail

By Jennifer Pharr Davis

Becoming Odysa: Adventures on the Appalachian Trail By Jennifer Pharr Davis

After graduating from college, Jennifer isn't sure what she wants to do with her life. She is drawn to the Appalachian Trail, a 2175-mile footpath that stretches from Georgia to Maine. Though her friends and family think she's crazy, she sets out alone to hike the trail, hoping it will give her time to think about what she wants to do next. The next four months are the most physically and emotionally challenging of her life. She quickly discovers that thru-hiking is harder than she had imagined: coping with blisters and aching shoulders from the 30-pound pack she carries; sleeping on the hard wooden floors of trail shelters; hiking through endless torrents of rain and even a blizzard. With every step she takes, Jennifer transitions from an over-confident college graduate to a student of the trail, braving situations she never imagined before her thru-hike. The trail is full of unexpected kindness, generosity, and humor. And when tragedy strikes, she learns that she can depend on other people to help her in times of need.

Becoming Odysa: Adventures on the Appalachian Trail By Jennifer Pharr Davis Bibliography

- Sales Rank: #32641 in Books
- Published on: 2011-07-01
- Original language: English
- Number of items: 1
- Dimensions: 8.10" h x 1.00" w x 5.40" l, .79 pounds
- Binding: Paperback
- 320 pages

 [Download Becoming Odysa: Adventures on the Appalachian Tra ...pdf](#)

 [Read Online Becoming Odysa: Adventures on the Appalachian T ...pdf](#)

Download and Read Free Online *Becoming Odysa: Adventures on the Appalachian Trail* By Jennifer Pharr Davis

Editorial Review

From Publishers Weekly

Davis is the record holder for the women's supported hike (2,175 miles in 57 days, with someone carrying her supplies) in the Appalachian Trail, which runs between Mount Katahdin in Maine and Springer Mountain in Georgia. The A.T. is not only a hike, but a subculture: a community where everyone has a trail name, where there are well-placed hiker huts, trail-side towns whose main economy is supporting hikers, complicated trail etiquette, regular occurrences of trail magic, and a recurring cast of freaks and Christians, show-offs and loners, and experts and beginners. Though the book opens the night before Davis's record-breaking hike, this is actually the story of her first thru-hike, undertaken as a new college grad who, despite limited hiking experience, felt "called." It's the story of her becoming "Odysa," her chosen trail name. These days, the word amateur is usually used disparagingly, and in some ways that applies here—the book feels homemade, and the writing is often clunky—but the root of the word is love: amateurs pursue activities for love, not money, and that's what shines through in Davis's record of a difficult, painful, and exhilarating world. (Nov.)

Review

"As the father of daughters, I enjoyed Jennifer's story. If you're the father of a daughter who's wondering if she can achieve big things - and everyone has doubts from time-to-time, you might want to get a copy for her- it might help get her on the right trail for great things in her life, too. - Jim Shepherd, *The Outdoor Wire*
It's refreshing. [Jen]'s very enthusiastic and she inspires other people. She's good for the outdoors. --- Gary Eblen, *Diamond Brand Outdoors*

"Many books have been written by thru-hikers, but none measure up to Jennifer Pharr Davis' epic. The Appalachian Trail speed record holder describes her journey from college graduate to a student of the trail in stunningly beautiful detail. Her tales from the trail are full of adventure and inspiration, and her writing is as lyrical as her Odyssey-inspired trail name. She offers concrete, trail-tested advice for aspiring thru-hikers, and she candidly shares her failures and frustrations along with her successes. If you're searching for the one A.T. book that best captures the spirit of the trail, follow in the footsteps of Odysa." --Bro Staff, *Blue Ridge Outdoors Magazine*

"This is the best AT book I have ever read. It doesn't matter if you are male or female, skinny or fat, outdoorsman or couch potato, if you've ever thought about doing a long-distance hike, then read Davis' book. I would rate this book as more essential to the mental preparation for a long-distance hike than anything else you could do." ---Dr. David W. Powers, *The Coffee Scholar blog*

About the Author

Jennifer Pharr Davis grew up in the North Carolina Mountains, where she developed a love for hiking at a young age. At age twenty-one, Jennifer hiked the entire Appalachian Trail as a solo female and fell in love with long-distance backpacking. Since then, Jennifer has hiked more than 11,000 miles on six different continents, with North American hikes including the Pacific Crest Trail, Vermont's Long Trail, and the Colorado Trail, and completed three thru-hikes on the Appalachian Trail. She has hiked and traveled on six continents; some of the highlights include Mount Kilimanjaro, the Inca Trail to Machu Picchu, and the 600-mile Bibbulmun Track in Australia. In the summer of 2011, Jennifer topped her own 2008 Women's Endurance Record for the fastest thru-hike on the Appalachian Trail, making her the overall record holder for both women and men. Jennifer is the first woman to hold the overall title. Jennifer hiked from Katahdin,

Maine to Springer Mountain, Georgia. Her goal was to hike the entire 2,180-mile faster than the current overall speed record of 47 days, 13 hours and 31 minutes, which she did in 46 days. To break the record, Jennifer hiked an average of 47 miles a day, camping along the trail. She had trail support from legendary ultra-runner and former AT and Pacific Crest Trail speed record holder David Horton, as well as veteran AT expert Warren Doyle and Davis' husband, Brew Davis. Her hiking and backpacking accomplishments, as well as her influence as an outdoor role model, are remarkable and momentous. Jennifer is a 2012 National Geographic Top Adventurer of the Year nominee for her record-breaking thru-hike, has been on CNN, The Early Show, NPR numerous times, and was featured in Fitness Magazine and Shape magazine, among others. Jennifer has also written for Trail Runner magazine, Away.com, is a frequent contributor to Blue Ridge Outdoors Magazine, and has written three guidebooks. Jennifer lives in Asheville, North Carolina, with her husband, and is the owner and founder of Blue Ridge Hiking Co.

Users Review

From reader reviews:

Oliver Watts:

Book is to be different for every grade. Book for children till adult are different content. As you may know that book is very important usually. The book *Becoming Odyssea: Adventures on the Appalachian Trail* seemed to be making you to know about other know-how and of course you can take more information. It doesn't matter what advantages for you. The book *Becoming Odyssea: Adventures on the Appalachian Trail* is not only giving you considerably more new information but also to get your friend when you sense bored. You can spend your spend time to read your publication. Try to make relationship with the book *Becoming Odyssea: Adventures on the Appalachian Trail*. You never truly feel lose out for everything if you read some books.

Jeanie Hynes:

In this 21st millennium, people become competitive in most way. By being competitive today, people have do something to make them survives, being in the middle of the actual crowded place and notice through surrounding. One thing that at times many people have underestimated the item for a while is reading. Yes, by reading a publication your ability to survive raise then having chance to stand than other is high. For you personally who want to start reading some sort of book, we give you this particular *Becoming Odyssea: Adventures on the Appalachian Trail* book as starter and daily reading publication. Why, because this book is usually more than just a book.

Jacqueline Kellett:

Nowadays reading books be than want or need but also work as a life style. This reading habit give you lot of advantages. Advantages you got of course the knowledge the actual information inside the book which improve your knowledge and information. The data you get based on what kind of reserve you read, if you want get more knowledge just go with education and learning books but if you want really feel happy read one having theme for entertaining for instance comic or novel. Often the *Becoming Odyssea: Adventures on the Appalachian Trail* is kind of guide which is giving the reader unforeseen experience.

David Trudeau:

As a college student exactly feel bored for you to reading. If their teacher questioned them to go to the library as well as to make summary for some reserve, they are complained. Just small students that has reading's spirit or real their hobby. They just do what the trainer want, like asked to go to the library. They go to generally there but nothing reading really. Any students feel that studying is not important, boring and also can't see colorful pictures on there. Yeah, it is to be complicated. Book is very important in your case. As we know that on this period, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. Therefore , this Becoming Odyssa: Adventures on the Appalachian Trail can make you experience more interested to read.

Download and Read Online Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis #N95YU3MD6JH

Read Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis for online ebook

Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis books to read online.

Online Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis ebook PDF download

Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis Doc

Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis Mobipocket

Becoming Odyssa: Adventures on the Appalachian Trail By Jennifer Pharr Davis EPub