



Case Approach to Counseling and Psychotherapy (PSY 641 Introduction to Psychotherapy)

By Gerald Corey

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CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, Eighth Edition, vividly illustrates how major counseling approaches work with a single client, Ruth. Dr. Corey provides solid examples of psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern theories in action. Dr. Corey applies each therapeutic approach to a single client, illustrating how the various theories work and helping you see exactly how the techniques differ. Well-respected and widely recognized practitioners serve as guest commentators, offering their unique perspectives on Ruth's case. Commentators include founders of some of the therapies, such as William Glasser for choice theory and reality therapy, Arnold Lazarus for multimodal therapy, and Albert Ellis for rational emotive behavior therapy.

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