



# Procrastination: How To Get Rid Of Procrastination And Stay Motivated To Complete Your Goals

*By Damon Williams*

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## **Procrastination: How To Get Rid Of Procrastination And Stay Motivated To Complete Your Goals** By Damon Williams

You're About To Learn How To Get Rid Of Procrastination And Stay Motivated To Complete Your Goals...

In this Kindle Book you will receive a wealth of information on how to get rid of procrastination as well as staying motivated to complete all your goals...

Let me ask you a question?

Do you have lifelong goals and dreams that you would like to see come to pass in your life? If your answer is yes, congratulations; you are part of the marginal few who have goals, dreams, and ambitions.

However, to see your desires come to pass in your life, you have to make one promise to yourself: completely overcome, get rid of and destroy the habit of procrastination. Here is the thing; everyone, even the most desolate person you know has goals.

Examine the following example; in the society we live in today, being a Hobo is as low as anyone can get. It is not that hobos do not have dreams, goals, and desires. In fact, if it were otherwise, hobos would simply stop pushing their carts around town, stop rummaging for food, or being vagabonds, remain at one spot cuddled up in a ball, and simply wait for death to claim them. Their goal: "to rummage and beg for food and money" keeps them going. Whether begging for money, and rummaging for food is a worthwhile, or ambitious goal is not something we can debate; what we can debate is this:

What would happen if one day, instead of going to his favorite rummaging spot in search of food, or making the journey to his most profitable solicitation spot, one hobo simply PUT OFF the act, curled up into a ball, and decided to stagnate at one location. What would happen? Undoubtedly, death would surely claim the hobo.

Procrastination; the act of putting off something is death. Procrastination is not the mere habit of delaying; it is also a monster that is eating away at your motivation, enthusiasm, determination, and your will to succeed. It ensures that you do nothing and consistently keeps your 'lazy' mode switched on.

If this has been happening to you, it has to STOP! Because you have goals that you want to see come to pass in your life and you have to overcome procrastination. You must stop putting off tasks and work that needs your attention. You must stop making excuses for not doing your work. You must stop pushing goals further into the future.

You must begin working on your goals, and gain the motivation to fulfill them. Although this might seem impossible to you right now, this guide will show you how to overcome procrastination, and stay motivated to complete your goals.

Here Is A Preview Of What You'll Learn...

Chapter 1: Procrastination 101: Why We Procrastinate, and Why You Must Triumph Over the Vice

Chapter 2: Scratch Around The Itch

Chapter 3: The Power of Tiptoeing

Chapter 4: Stop Listening to Your Mood

Chapter 5: Assassinate Distractions And Excuses

Chapter 6: Stop Complicating Things and Do the One Thing You Dread

Chapter 7: How to Stay Motivated to Complete Your Goals

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