



The Selfless Way of Christ: Downward Mobility and the Spiritual Life

By *Henri Nouwen*

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In this short work, Henri Nouwen offers a penetrating reflection on the challenge of the spiritual life, especially the call to imitate Christ's example of downward mobility. Illustrated with drawings by Vincent van Gogh, *The Selfless Way of Christ* is an inspiring guide for ministers and everyone walking the path of discipleship.

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The Selfless Way of Christ: Downward Mobility and the Spiritual Life By Henri Nouwen Bibliography

- Rank: #136258 in Books
- Published on: 2011-10-24
- Original language: English
- Number of items: 1
- Dimensions: 6.90" h x .50" w x 4.90" l, .25 pounds
- Binding: Paperback
- 96 pages

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Editorial Review

From the Author

To those of us living in the competitive, modern world, Henri Nouwen's phrase, "downward mobility," seems radically counterintuitive. But in Nouwen's words, The spiritual life "is a life that sets us free to be strong while weak, to be free while captive, to be joyful while in pain, to be rich while poor Love, joy, peace, patience, kindness ... are indeed the qualities of our Lord himself and reveal his presence in the midst of a world so torn apart by envy, greed, war and other sin."

This small, important book is a shining example of Henri Nouwen's remarkable ability to cut through the clutter and noise of modern life and reach what really matters.

-- The Henri Nouwen Legacy Trust

From the Inside Flap

Orbis Books endeavors to publish works that enlighten the mind, nourish the spirit, and challenge the conscience. The publishing arm of the Maryknoll Fathers and Brothers, Orbis seeks to explore the global dimensions of the Christian faith and mission, to invite dialogue with diverse cultures and religious traditions, and to serve the cause of reconciliation and peace.

From the Back Cover

"When I first came across Nouwen's phrase 'downward mobility' it struck me as radical, counterintuitive, and profoundly true. His reminder of Jesus' message goes against nearly everything in modern life, but ignoring it has led to most of the urgent problems we now face: global warming, poverty, and a deep sense of alienation. Perhaps it is not too late to change, and Henri Nouwen has shown us the way."

Philip Yancey

Users Review

From reader reviews:

Gregory Howard:

Have you spare time to get a day? What do you do when you have much more or little spare time? Yes, you can choose the suitable activity to get spend your time. Any person spent their spare time to take a wander, shopping, or went to the Mall. How about open or even read a book titled The Selfless Way of Christ: Downward Mobility and the Spiritual Life? Maybe it is to become best activity for you. You already know beside you can spend your time along with your favorite's book, you can cleverer than before. Do you agree with the opinion or you have different opinion?

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Clifford Roselli:

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