



Uppers, Downers, and All Arounders 8thEd

By Darryl S Inaba, William E Cohen

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This edition incorporates the most current and comprehensive information on the physiology, neurochemistry and sociology of drugs in to one of the best test/reference books on the subject. Recommended reading for AOD counseling certification and adopted by hundreds of colleges and universities as well as federal, state and local law enforcement agencies, this text provides readers at every level with a thoughtful and through examination of the physical and mental effects of psychoactive drugs and compulsive behaviors. With a completely redesigned format, this edition contains over 300 illustrations, photos, and graphics to provide readers with visual interpretations of complex ideas. Written in a clear, concise, style, this textbook will be a valuable addition to the library of an instructor, student, or treatment professional.

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Editorial Review

Review

By Stephen Mathis on February 14, 2015

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Pricey, but well worth it. One of THE best (if not the best) book on this topic I've ever experienced in my 30+ years of working in the field. It's scientific, yet accessible to the public as well. It's everything I remember experiencing in graduate school and a whole lot more! The web-enhanced aspects add to the experience. Great job Dr. Inaba!!!!!! --Stephen Mathis

By Jessica Strawser on December 29, 2014

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A few friends recommended this book as prep for state licensure as an addiction counselor. So far, it is the most concise, easily readable text on addiction I have read, and studying for licensure there have been hundreds. I highly recommend this book for anyone in the addiction field, or counselors that need more help with co-occurring addictions disorders. I was very impressed with the level of state-of-art information contained in this edition. --Jessica Strawser

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This book is filled with information, yet the authors have a sense of humor. They also are willing to look at the reality of the psychology field today, rather than be sidetracked by political points of view. I am enjoying the book. --Elizabeth Brandon

About the Author

Darryl S. Inaba, Pharm.D., CADCI, is recognized as one of the foremost authorities on drugs and addictions. He is the former CEO and President of San Francisco's Haight Ashbury Free Clinic, an organization he helped found in the 1960. Dr. Inaba has authored hundreds of technical articles, is a popular speaker at workshops and conferences nationwide and maintains Associate and Adjunct Professorships at the University of California San Francisco, University of Utah, and College of San Mateo. William E. Cohen CCGAC I, is an Emmy Award winning film maker who has spend the past four decades building an impressive resume as an educator in print and video. William lectured throughout the Pacific Northwest on drug education, compulsive behaviors and substance abuse.

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