



Brave Enough

By Cheryl Strayed



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National Best Seller

From the best-selling author of *Wild*, a collection of quotes--drawn from the wide range of her writings--that capture her wisdom, courage, and outspoken humor, presented in a gift-sized package that's as irresistible to give as it is to receive.

Around the world, thousands of people have found inspiration in the words of Cheryl Strayed, who in her three prior books and in her "Dear Sugar" columns has shared the twists and trials of her remarkable life. Her honesty, spirit, and ample supply of tough love have enabled many of us, even in the darkest hours, to somehow put one foot in front of the other--and be brave enough.

This book gathers, each on a single page, more than 100 of Strayed's indelible quotes and thoughts--"mini instruction manuals for the soul" that urge us toward the incredible capacity for love, compassion, forgiveness, and endurance that is within us all.

Be brave enough to break your own heart.

You can't ride to the fair unless you get on the pony.

Keep walking.

Acceptance is a small, quiet room.

Romantic love is not a competitive sport.

Forward is the direction of real life.

Ask yourself: *What is the best I can do?* And then do that.

From the Hardcover edition.

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Editorial Review

Review

Cheryl is gritty and honest, more honest than I've ever seen a woman write - *Reese Witherspoon*

Strayed's words have stuck to my heart and won't let go - *Psychologies*

Brutal, honest and zinging, heartfelt, brilliant writing - *Red*

About the Author

CHERYL STRAYED is the author of the international bestseller *Wild: From Lost to Found on the Pacific Crest Trail*, which was the first selection for Oprah's Book Club 2.0 and became an Oscar-nominated film starring Reese Witherspoon; *Tiny Beautiful Things: Advice on Love and Life from Dear Sugar*, a bestseller now the basis of the WBUR podcast "Dear Sugar Radio," co-hosted with Steve Almond; and *Torch*, her debut novel. Her books have been translated into forty languages, and her essays and other writings have appeared in numerous publications. She lives in Portland, Oregon.

Users Review

From reader reviews:

Hilary Williams:

Reading can called thoughts hangout, why? Because while you are reading a book particularly book entitled Brave Enough your mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely will end up your mind friends. Imaging each and every word written in a publication then become one type conclusion and explanation which maybe you never get prior to. The Brave Enough giving you yet another experience more than blown away your head but also giving you useful info for your better life with this era. So now let us present to you the relaxing pattern at this point is your body and mind will probably be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

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