



Acting with Passion: A Performer's Guide to Emotions on Cue (Performance Books)

By Niki Flacks

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Acting with Passion: A Performer's Guide to Emotions on Cue (Performance Books) By Niki Flacks

Based on the latest research from the fields of neuroscience and mind-body psychology, *Acting With Passion* offers a revolutionary new approach to the age-old problems of the actor: dealing with nerves, engaging the body, quieting the inner critic, auditioning, creating a character, and even playing comedy.

With this step-by-step guide, actors who have struggled with 'visualization' and 'emotional recall' can learn an alternative method of accessing feelings through the release of chronic, subtle muscular tensions that connect into the brain at lightning fast speed and can actually produce emotions on cue.

Written with verve and accessibility, and using practical exercises to guide the actor through each stage, *Acting With Passion* is the must-have text for actors seeking that magical 'state of aliveness'.

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Editorial Review

Review

“A frighteningly simple super-highway into an actor's well of creativity and passion.” ?*Stephen Beckett, actor*

“Whilst I personally resist her demonizing of intellect, that caveat is outweighed by the delightful mix of inspired pragmatism and no-nonsense speculation in Niki Flacks' book that will not only be solidly useful for any actor, but will stimulate that voracious curiosity which is the lifeblood of a fulfilling life in our business.” ?*Mark Wing-Davey, Chair, Graduate Acting Program, Tisch School of the Arts, NYU*

“*Acting with Passion* offers a wonderful invitation to enter the exhilarating world of Niki Flacks' acting workshops dropping in for useful exercises, profound insights and experienced advice on the craft of acting.” ?*Niamh Dowling, Head of School, Rose Bruford College, UK*

About the Author

Niki Flacks is a director, actor, teacher and psychologist. A frequent tutor at the Actors Centre in London, she leads popular workshops in New York, Paris, Berlin and Tel Aviv. Visit her at www.nikiflacks.com

Users Review

From reader reviews:

Peter Mullins:

Spent a free time and energy to be fun activity to perform! A lot of people spent their free time with their family, or their very own friends. Usually they undertaking activity like watching television, gonna beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of book that you should read. If you want to try look for book, may be the guide untitled *Acting with Passion: A Performer's Guide to Emotions on Cue (Performance Books)* can be great book to read. May be it could be best activity to you.

Louis Cline:

Typically the book *Acting with Passion: A Performer's Guide to Emotions on Cue (Performance Books)* has a lot details on it. So when you check out this book you can get a lot of help. The book was published by the very famous author. The writer makes some research before write this book. This kind of book very easy to read you can obtain the point easily after looking over this book.

Colleen Williams:

Why? Because this *Acting with Passion: A Performer's Guide to Emotions on Cue* (Performance Books) is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will jolt you with the secret the item inside. Reading this book beside it was fantastic author who all write the book in such awesome way makes the content on the inside easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you for not hesitating having this any more or you going to regret it. This amazing book will give you a lot of benefits than the other book include such as help improving your ability and your critical thinking means. So , still want to postpone having that book? If I were you I will go to the e-book store hurriedly.

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