

# Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research

By David B. Allison, Monica L. Baskin

Download now

Read Online →

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research** By David B. Allison, Monica L. Baskin

A thoroughly up-to-date reference for researchers who specialize in obesity and clinicians who specialize in working with clients with problem eating behaviors, **Handbook of Assessment Methods for Eating Disorders and Weight-Related Problems, Second Edition**, offers the field's most comprehensive collection of measures and assessment tools related to eating behaviors.


In addition to obesity (an issue that has reached epidemic proportions in the United States), the **Handbook** deals with problem eating behaviors, eating disorders, and the associated psychological issues that underlie these problems. This **Second Edition** provides the latest research and theory, along with empirically validated assessment tools for measuring attitudes, beliefs, and behaviors with regard to food, including:

- General personality assessment and psychopathology of persons with eating and weight-related concerns
- Quality of life assessments
- Measuring attitudes and beliefs about obese people
- Assessment of body image
- Measures of restrained eating
- Measures of physical activity
- Measuring food intake
- Binge eating and purging
- Eating and weight-related problems with children
- Identification of psychological problems of patients with eating disorders

### **New and Continuing Features:**

- No other resource offers such a comprehensive collection of assessment methods for eating disorders and weight-related problems in one volume.
- Contributions from highly regarded scholars and researchers in the field offer up-to-date, academically rigorous, and research-based information.
- The volume's **Introduction** emphasizes the importance of research in this area and highlights the changes in the field over the past decade.

 [Download Handbook of Assessment Methods for Eating Behavior ...pdf](#)

 [Read Online Handbook of Assessment Methods for Eating Behavi  
...pdf](#)

# Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research

*By David B. Allison, Monica L. Baskin*

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research** By David B. Allison, Monica L. Baskin

A thoroughly up-to-date reference for researchers who specialize in obesity and clinicians who specialize in working with clients with problem eating behaviors, **Handbook of Assessment Methods for Eating Disorders and Weight-Related Problems, Second Edition**, offers the field's most comprehensive collection of measures and assessment tools related to eating behaviors.

In addition to obesity (an issue that has reached epidemic proportions in the United States), the **Handbook** deals with problem eating behaviors, eating disorders, and the associated psychological issues that underlie these problems. This **Second Edition** provides the latest research and theory, along with empirically validated assessment tools for measuring attitudes, beliefs, and behaviors with regard to food, including:

- General personality assessment and psychopathology of persons with eating and weight-related concerns
- Quality of life assessments
- Measuring attitudes and beliefs about obese people
- Assessment of body image
- Measures of restrained eating
- Measures of physical activity
- Measuring food intake
- Binge eating and purging
- Eating and weight-related problems with children
- Identification of psychological problems of patients with eating disorders

## **New and Continuing Features:**

- No other resource offers such a comprehensive collection of assessment methods for eating disorders and weight-related problems in one volume.
- Contributions from highly regarded scholars and researchers in the field offer up-to-date, academically rigorous, and research-based information.
- The volume's **Introduction** emphasizes the importance of research in this area and highlights the changes in the field over the past decade.

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin Bibliography**

- Sales Rank: #2868062 in Books
- Published on: 2009-07-10
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 1.30" w x 7.20" l, 2.65 pounds
- Binding: Hardcover
- 720 pages

 [Download Handbook of Assessment Methods for Eating Behavior ...pdf](#)

 [Read Online Handbook of Assessment Methods for Eating Behavi ...pdf](#)

## **Download and Read Free Online Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin**

---

### **Editorial Review**

About the Author

**Monica L. Baskin**, PhD, is an Assistant Professor in the Department of Health Behavior and Associate Scientist in the UAB Center for Health Promotion and the UAB Clinical Nutrition Research Center. She obtained a B.S. in Psychology and Sociology from Emory University and Ph.D. in Counseling Psychology from Georgia State University. Her primary research interests involve behavioral interventions for the prevention and treatment of obesity, sickle cell disease, and minority health and health disparities. She is skilled in designing, implementing and evaluating theory-based and culturally-competent interventions.

### **Users Review**

**From reader reviews:**

**James Crow:**

Do you have favorite book? In case you have, what is your favorite's book? E-book is very important thing for us to be aware of everything in the world. Each e-book has different aim or perhaps goal; it means that reserve has different type. Some people sense enjoy to spend their time and energy to read a book. They may be reading whatever they consider because their hobby is definitely reading a book. Consider the person who don't like reading a book? Sometime, individual feel need book when they found difficult problem or perhaps exercise. Well, probably you should have this Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research.

**Frank Johnson:**

The actual book Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research will bring you to the new experience of reading a new book. The author style to clarify the idea is very unique. Should you try to find new book you just read, this book very suitable to you. The book Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research is much recommended to you to read. You can also get the e-book in the official web site, so you can easier to read the book.

**Marline Deluca:**

The reserve with title Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research has lot of information that you can discover it. You can get a lot of gain after read this book. That book exist new expertise the information that exist in this publication represented the condition of the world today. That is important to yo7u to be aware of how the improvement of the world. This book will bring you in new era of the globalization. You can read the e-book with your smart phone, so you can read it anywhere you want.

**Tommy Worm:**

This Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research is brand new way for you who has interest to look for some information mainly because it relief your hunger info. Getting deeper you in it getting knowledge more you know or you who still having tiny amount of digest in reading this Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research can be the light food for yourself because the information inside that book is easy to get by anyone. These books develop itself in the form that is reachable by anyone, yep I mean in the e-book web form. People who think that in e-book form make them feel sleepy even dizzy this publication is the answer. So you cannot find any in reading a publication especially this one. You can find what you are looking for. It should be here for an individual. So , don't miss it! Just read this e-book kind for your better life along with knowledge.

**Download and Read Online Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin  
#KG2YDRS08J4**

## **Read Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin for online ebook**

Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin books to read online.

### **Online Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin ebook PDF download**

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin Doc**

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin Mobipocket**

**Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problems: Measures, Theory, and Research By David B. Allison, Monica L. Baskin EPub**