



## **Bulletproof Diet Cookbook For Beginners: Quick and Easy Recipes and Smoothies to Lose Fat and Increase Energy (Lose Up To A Pound A Day, Reclaim Energy and Focus, End Food Cravings)**

*By Tony Robson, Dave Asprey*

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**Bulletproof Cookbook will upgrade your life with simple and delicious recipes aimed to have you looking and feeling your best!**

**Now with BONUS Bulletproof Smoothie Recipes! Download today for a discounted price of \$2.99 (originally \$4.99)**

The Bulletproof Diet is the quickest way to lose fat, gain energy and focus, and be healthier than you've ever been! Imagine being leaner, healthier, and sharper than you've ever been before just by eating delicious meals and even desserts! Skeptical? I would be too if I hadn't been observing the diet for over one year! By leveraging the power of healthy fats, millions of people have learned the secret to performing at their highest level. This diet includes staples such as grass-fed butter, MCT oil, avocados, coconut oil, and many more to have you feeling and looking your best!

The recipes in this e-book will provide amazing energy and focus all day, while also giving you high-quality REM sleep at night. In the first chapter of the book, I will reveal to you even more secrets of the Bulletproof Diet, and how amazing you will feel while eating delicious meals, wonderful smoothies, and divine desserts. Try the Bulletproof Diet today, proven by millions to lose fat, gain energy, and feel unstoppable all day! 100% satisfaction or your money back, guaranteed.

**Download Bulletproof Diet Cookbook For Beginners today to experience a new kind of energy and focus that you've never felt before!**

## **Here Is A Preview Of What You'll Learn...**

- Amazing Benefits of the Bulletproof Diet
- The Best Foods and Meals to Quickly Shed Extra Fat
- Eating the Bulletproof Diet On the Go or at Work
- Top Foods to Avoid on the Bulletproof Diet
- Simple Breakfast Recipes!
- Fantastic Smoothie Recipes!
- Power Lunch Recipes!
- And lastly, delicious dinner AND dessert recipes!
- And much, much more!

## **Here's What Others Are Saying about The Bulletproof Diet Cookbook**

"You'll be happier, healthier and lighter in every way" -Ana

"Never felt more healthy while on the diet" -Cheryl

"The recipes are all amazing and easy to prepare" -Nate

**So, what are you waiting for? Download Bulletproof Diet Cookbook to start cooking these mouth-watering recipes!**

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## **Editorial Review**

## **Users Review**

### **From reader reviews:**

#### **Freddie Hoops:**

Information is provisions for those to get better life, information nowadays can get by anyone with everywhere. The information can be a knowledge or any news even a concern. What people must be consider when those information which is inside former life are challenging be find than now could be taking seriously which one would work to believe or which one typically the resource are convinced. If you find the unstable resource then you get it as your main information you will see huge disadvantage for you. All of those possibilities will not happen throughout you if you take Bulletproof Diet Cookbook For Beginners: Quick and Easy Recipes and Smoothies to Lose Fat and Increase Energy (Lose Up To A Pound A Day, Reclaim Energy and Focus, End Food Cravings) as the daily resource information.

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#### **Richard Williams:**

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**Marlene Tiggs:**

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