



Leading from Within: Martial Arts Skills for Dynamic Business and Management

By Robert Pater

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How to become a more effective leader by applying martial arts techniques to the demands of today's workplace.

- Learn the techniques taught to executives at Boeing, Intel, Hewlett-Packard, GTE, and other major corporations.
- Improve your concentration, self-control, intuitive judgment, and influence over others.
- Shows how to encourage dedication and improve focus in group members.

Self-discipline and leading effectively: these are the simple and practical principles behind many martial arts techniques that have been used for centuries in combat and in personal development. Those who have integrated these same techniques into their style have excelled in the business arena, many with the help of Robert Pater, a consultant to American Express, Boeing, Intel, and many other Fortune 500 companies. In *Leading from Within* Pater shows how by using martial arts concepts we can maintain inner calm, influence others by controlling ourselves, develop intuitive judgment, sustain concentration on goals, react quickly to change, and turn minimum effort into maximum gains.

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Bibliography

- Sales Rank: #2335723 in Books
- Brand: Brand: Park Street Press
- Published on: 1999-06-01
- Released on: 1999-07-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .60" w x 6.00" l, .92 pounds
- Binding: Paperback
- 256 pages

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Editorial Review

About the Author

Robert Pater is Director of an international management and safety consulting firm, which applies principles from martial arts to simultaneously heighten effective behaviors, boost personal motivation and control and ignite organizational culture.

They have trained instructors, managers and staff leadership in over 63 countries worldwide. Robert has presented at many international, national, statewide, and corporate safety conferences.

Clients include: Alcoa, American Airlines, Amtrak, Anheuser-Busch, Bell Helicopter, Boeing, BP Burlington Northern Railroad, Conoco, International Paper, James River Corp, Johnson and Johnson, Kodak, LTV Steel, Nabisco, Panama Canal Commission, SeaWorld, United Airlines, United Parcel Service, Virginia Power and many others.

Robert has an MA in Industrial Psychology. He has written articles published in numerous journals such as: Nation's Business, Amtrak Express, Executive Female, Professional Safety, Occupational Safety and Health, HR Magazine, Training and more.

He has trained continuously in the martial arts of aikijujitsu, hapkido, and wing chun kung fu since 1972 and has been a black-belt instructor for many years.

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