



Don't Throw It, Grow It!: 68 windowsill plants from kitchen scraps

By Deborah Peterson

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Don't throw out your kitchen scraps — grow them! Discover how you can transform leftover pomegranate seeds, mango pits, and dried bits of gingerroot into thriving plants. With clear illustrations and step-by-step instructions, this innovative guide shows you how to cultivate 68 common shoots, seeds, pits, roots, and tubers that might otherwise end up in the compost bin. From the common carrot to the exotic cherimoya, you'll be amazed at the gardening possibilities hidden in the foods you eat.

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Bibliography

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Editorial Review

Review

“Deborah Peterson...stops at nothing to grab some strange piece of produce, seed or pit to start a plant...Lots of fun here with figs, feijoa, fruiting citrus and more for the whole family.”

Orange County Register

“I found *Don't Throw It, Grow It!* to be an absolutely delightful little book. I can't wait to start using as many of the suggestions as I possibly can. There were even ethnic fruits and vegetables I had never heard of - genip, anyone? Children will enjoy the magic of watching a new plant grow. This will help you brighten your living space while recycling at the same time. This is one of my favorite new books, and I just can't highly recommend it enough.”

About.com

“This clever little book from Storey -- priced right at 11 bucks in paperback --offers up suggestions for sprouting not just avocados, but also carrot tops, garbanzo beans, peanuts, jicama, lemongrass, ginger, and just about any other kind of grocery store produce... There's something so thrifty and retro about sprouting food from kitchen scraps that makes it seem just right for the times.”

Garden Rant

“Here's another way to be creative with plants: Read *Don't Throw It, Grow It!* ...Peterson and Selsam go way beyond the avocados and potatoes we used to root in water glasses. Besides fruits and vegetables, they include nuts, herbs, spices, and more international foods like chayote and litchi.”

Philadelphia Inquirer

From the Back Cover

Eat Your Vegetables (and plant them too!)

You can also have houseplant fun with fruits, nuts, herbs, and spices. From the common carrot to the exotic cherimoya, dozens of foods have pits, seeds, and roots waiting to be rescued from the compost bin and brought back to life on your windowsill. Planted and nurtured, the shiny pomegranate seeds left over from breakfast and the piece of neglected gingerroot in your refrigerator will grow into healthy, vigorous houseplants ? kitchen experiments in the wonder of botany.

About the Author

Deborah Peterson, a founder of the Rare Pit & Plant Council and the editor of their newsletter *The Pits* for 25 years, has contributed to the Brooklyn Botanic Garden Handbooks and lectured extensively on gardening with pits, among other gardening topics. Deborah is the proprietor of Landmark Landscaping and has landscaped and designed many gardens and private parks in NYC and Massachusetts.

Users Review

From reader reviews:

Evelina Lewis:

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Tammy Ely:

Precisely why? Because this *Don't Throw It, Grow It!: 68 windowsill plants from kitchen scraps* is an unordinary book that the inside of the guide waiting for you to snap it but latter it will jolt you with the secret it inside. Reading this book alongside it was fantastic author who all write the book in such awesome way makes the content within easier to understand, entertaining technique but still convey the meaning entirely. So , it is good for you for not hesitating having this ever again or you going to regret it. This unique book will give you a lot of rewards than the other book get such as help improving your expertise and your critical thinking means. So , still want to hold off having that book? If I were you I will go to the reserve store hurriedly.

Linda Soto:

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