



# Manual of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology, 5e (Varcarolis, Manual of Psychiatric Nursing Care Plans)

By Elizabeth M. Varcarolis RN MA

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A pocket-sized clinical companion, **Manual of Psychiatric Nursing Care Planning, 5th Edition** supplies you with the latest diagnostic information available, including the DSM-5, for accurate assessment and diagnosis of patients. It offers quick and easy access to plans of care for a range of settings including the inpatient unit, home care, or community mental health setting. Expert author Elizabeth Varcarolis, provides a clinically-based focus with the latest guidelines to psychiatric nursing care. Designed to accompany *Foundations of Mental Health Nursing*, this book is a perfect reference for creating care plans and for clinical use.

- **The latest diagnoses, assessment and treatment strategies, and psychotropic drug information** keep you up-to-date with the most current information.
- **Care plans containing nursing diagnosis, etiology, assessment findings/diagnostic cues, outcome criteria, long- and short-term goals, and interventions and rationales** offer plans of care for a wide range of psychiatric nursing diagnoses.
- **A focus on clinical information** furnishes you with information on providing patient care in a range of settings.
- **Assessment Guides**, including tables, charts, and questionnaires facilitate patient diagnosis and care.
- **A chapter on Major Psychotropic Interventions and Patient and Family Teaching**, in addition to the content found in each disorder chapter, helps you better understand the uses and workings of the psychotropic agents.
- **Coverage of major disorders** exposes you to a wide range of disorders within psychiatric nursing.
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