



Strengthening The Eyes - A New Course In Scientific Eye Training In 28 Lessons: & Better Eyesight Magazine

By Bernarr MacFadden, William H. Bates M.D.

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(Color Version.) Natural Eyesight Improvement-written by Bernarr MacFadden, one of the First Physical Fitness, Natural Health Teachers. MacFadden studied with Ophthalmologist William H. Bates. MacFadden and Bates wrote the Original book. One of the first Eyesight, Vision Improvement Books. Modern treatments are added to this book. 6 issues of Dr. Bates Better Eyesight Magazine July, 1919 to Dec., 1919 with Dr. Bates Natural Treatments for unclear vision and other eye conditions & Eyecharts are included in this Paperback book.

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+ Better Eyesight Magazine by Ophthalmologist William H. Bates - (Unedited, Full Set-132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional, up to date Modern Natural Eyesight Improvement Training.

+ Original Better Eyesight Magazine by Ophthalmologist William H. Bates - Photo copy of all his Original Antique Magazine Pages in the 1900's Print. (Unedited, Full Set 132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) A History Book. Learn Natural Eyesight Improvement Treatments directly from the Original Eye Doctor that discovered and practiced this effective, safe, natural method! Magazines & Method Hidden from the public by eye surgeons, Optometrists, optical businesses for over 100 years because this method works

and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts and other eye conditions!

+ The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates (Photo Copy of the Original Antique Book Pages) with Pictures. Dr. Bates First, Original Book. (Text version with Modern Treatments included.) 2nd Printing
Title: Perfect Sight Without Glasses.

+ Medical Articles by Dr. Bates - with Pictures.

+ Stories From The Clinic by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant, Wife.)

+ Use Your Own Eyes by Dr. William B. MacCracken M.D. (Trained with Dr. Bates.)+ Normal Sight Without Glasses by Dr. William B. MacCracken M.D.

+ Strengthening The Eyes by Bernarr MacFadden & Dr. Bates - with Pictures and Modern Training. (Trained with Dr. Bates. One of the First Physical Fitness Teachers.)

+ EFT Training Booklet - with Acupressure, Energy balance, strengthening, Positive Emotions. Easy step by step directions with Pictures.

+ Seeing, Reading Fine Print Clear, Clear Close Vision (Presbyopia Treatments) with Videos.

+ Eight Correct, Relaxed Vision Habits- A Quick Course in Natural Eyesight Improvement.

+ Astigmatism Removal Treatments

+ Eyecharts - 15 Large, Small and Fine Print Big C, E Charts for Close and Distant Vision, White and Black Letter Charts, Tumbling E Chart, Astigmatism Test and Removal Charts, Behavioral Optometry Charts. Eyechart Video Lessons.

+ Audio Lessons in Every Chapter

+ Video Links in Training Chapters - Learn a Treatment, Activity Quick and Easy.

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Editorial Review

From the Author

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From the Back Cover

This picture shows Ophthalmologist Bates inspecting the human eye with the Retinoscope. Eye Muscles..., Emily Lierman, Bates; Dr. Bates cured her vision. She became his assistant and they later married. Bates Method Student; Boy in Dr. Bates Clinic Reading the Eyechart ; With relaxation = Clear Vision. With strain, effort = Unclear Vision.

About the Author

Bernarr MacFadden & Ophthalmologist William H. Bates are original Natural Eyesight Improvement Teachers. Mr. MacFadden is a Natural Health and Physical Fitness Teacher. Author of many fitness Books. Dr. Bates discovered and perfected Natural Eyesight Improvement, 'The Bates Method'. He discovered the natural principles, true, normal function of the eyes (visual system) and applied natural methods, relaxation to return the eyes, eye muscles, nerves, mind/brain, thought patterns, body (entire visual system) to natural, normal function with healthy eyes and clear vision. The Bates Method of Natural Eyesight Improvement. He cured; unclear close and distant vision, astigmatism, crossed, wandering eyes, cataracts, glaucoma, and other eye conditions. Natural Eyesight (Vision) Improvement was practiced years before Dr. Bates discovered it. It is the normal, natural function of the eyes. Hidden from the public by eye surgeons, Optometrists, optical businesses for over 100 years because this method works, is easy, anyone can learn, teach it, including children. It produces healthy eyes, clear vision and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts! Dr. Bates worked his entire life treating people successfully with Natural Eyesight Improvement. When he cured the eyes, vision of many patients, medical students and other doctors in the hospital where he worked with natural treatments, without use of eyeglasses, surgery, drugs and proved his method is fact and that some of the old theories of eye function are incorrect, only theories; the doctors, eye surgeons that preferred to sell eyeglasses, surgery, drugs became angry and expelled him. (See: 'Reason and Authority' and 'Dr. Bates Lecture' in Better Eyesight Magazine: November, 1919, April, 1923 and Articles in his book.) Dr. Bates then opened his own office, a Clinic in Harlem, New York City. He treated thousands of people by natural methods, including many of the poor people that had little money. He kept his price for medical treatment low and also provided no charge office visits 'Free Clinic Days' for people that could not afford to pay for a visit to an Ophthalmologist. His treatments were successful.

Users Review

From reader reviews:

Viola Hassell:

This book untitled Strengthening The Eyes - A New Course In Scientific Eye Training In 28 Lessons: & Better Eyesight Magazine to be one of several books in which best seller in this year, here is because when you read this guide you can get a lot of benefit into it. You will easily to buy this specific book in the book store or you can order it through online. The publisher in this book sells the e-book too. It makes you more readily to read this book, since you can read this book in your Smart phone. So there is no reason for your requirements to past this book from your list.

Chris Gibbons:

Strengthening The Eyes - A New Course In Scientific Eye Training In 28 Lessons: & Better Eyesight Magazine can be one of your beginner books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that could increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to get every word into joy arrangement in writing Strengthening The Eyes - A New Course In Scientific Eye Training In 28 Lessons: & Better Eyesight Magazine yet doesn't forget the main point, giving the reader the hottest along with based confirm resource info that maybe you can be among it. This great information could drawn you into new stage of crucial considering.

Brian Kelley:

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Laura Enriquez:

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