

### Study Guide for the Therapeutic Recreation Specialist Certification Examination

By Norma Stumbo, Jean Folkerth



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The purpose of the Study Guide is to assist candidates in preparing for the National Council for Therapeutic Recreation Certification's (NCTRC) national certification examination for Therapeutic Recreation Specialist.

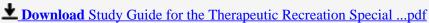
#### The Study Guide will:

- a) provide information on reducing test anxiety and improving test performance; and
- b) provide numerous sample questions, similar to those actually found on the exam, which will allow candidates to practice and self-assess their own readiness for the test.

Significant changes in this third edition include:

- a) 90 warm-up items- 40 more than previous editions
- b) 180 sample questions- two practice tests
- c) 240 diagnostic and review items focusing on the following specific areas:
- Background
- Diagnostic Groupings
- Assessment
- Planning the Intervention
- Implementing the Intervention
- Documentation/Evaluation
- Organizing/Managing
- Advancement of the Profession

The two reviews posted refer to the 1st and 2nd editions. This new 3rd edition addresses and fixes the deficiences noted in those reviews!





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#### **Editorial Review**

About the Author

NORMA J. STUMBO received her B.S and M.S. in Recreation and Park Administration/Therapeutic Recreation from the University of Missouri- Columbia and her PhD. from the University of Illinois at Urbana/Champaign. She is currently a professor of therapeutic recreation at Illinois State University in Normal, Illinois. Dr. Stumbo served on the Board of Directors of the National Council for Therapeutic Recreation Certification from 1988 to 1989. She has authored over 200 publications and conducted over 400 presentations at the local, state and national levels, on a variety of topics, including entry-level knowledge, curriculum, assessment, evaluation, and leisure education.

JEAN E. FOLKERTH received her B.S. in Camping and Outdoor Education/Therapeutic Recreation from Indiana University, her M.A. in Therapeutic Recreation from Michigan State University, and her Re.D. In Recreation Administration/Therapeutic Recreation from Indiana University. She is currently an associate professor and Director of the Recreation Therapy Program at the University of Findlay in Findlay, Ohio. Dr. Folkerth served on the Board of Directors of the National Council for Therapeutic Recreation Certification from 1984 1989, serving as president from 1985 to 1987. She served on the Board of Directors of the National Therapeutic Recreation Society from 1979 to 1982 and was instrumental in the implementation of the State and Regional Advisory Council for NTRS. Currently, Dr. Folkerth is co-chair of the Alliance Taskforce on Higher Education, representing the American Therapeutic Recreation Association. Dr. Folkerth has authored several publications and conducted over 100 presentations at state, regional and national levels on topics including credentialing, professional preparation, and professional issues.

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