



Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques

By Liana Lowenstein

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In this comprehensive resource, highly acclaimed author Liana Lowenstein has compiled an impressive collection of techniques from experienced practitioners. Interventions are outlined for engaging, assessing, and treating children of all ages and their families. Activities address a range of issues including, Feelings Expression, Social Skills, Self-Esteem, and Termination. A must have for mental health professionals seeking to add creative interventions to their repertoire.

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Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques By Liana Lowenstein Bibliography

- Sales Rank: #46584 in Books
- Brand: Brand: Champion Press
- Published on: 2008-09-05
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x 8.50" w x .75" l, 1.25 pounds
- Binding: Paperback
- 181 pages

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Editorial Review

Review

Every so often a true gem is discovered in the field of child therapy that quickly becomes the gold standard. Liana Lowenstein skillfully selected some of today's best clinicians and combines their favorite techniques into a true treasure. Anyone who wants to help children, teens, and families overcome obstacles will want this book. I can't wait to implement these activities in my practice! ---Scott Riviere, MS, LPC, RPT-S, Healing Kidz, Lake Charles, LA

A delightful addition to the world of play therapy techniques! This well-organized volume, with over 50 contributors, offers a wide variety of activities in a quick and easy format for busy clinicians. It will surely become a well-used book for practitioners seeking creative and therapeutically-stimulating interventions for their child and teen clients. Highly recommended! --Athena A. Drewes, PsyD, MA, RPT-S, Astor Home for Children, Poughkeepsie, NY

Liana Lowenstein is well known in the field of children's mental health and continually offers practical and effective tools and activities for clinicians to use in their work. In this book she has gathered a diverse collection of helpful techniques from a diverse group of professionals. Anyone working with children, youth or families are sure to find many activities which can be quickly and easily utilized in their clinical work. This book is a must have resource. --Greg Lubimiv, MSW, CPT-S, Phoenix Centre, Pembroke, ON

About the Author

Liana Lowenstein, MSW, is an author, sought-after speaker, and practitioner with 20 years of specialized work with children, adolescents and their families. She provides clinical supervision to mental health practitioners and consults to several mental health agencies. She has a reputation as a dynamic workshop leader and has presented trainings across North America and abroad. She has authored numerous publications including the highly-acclaimed books, *Paper Dolls & Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children* (with Crisci & Lay), *Creative Interventions for Troubled Children & Youth*, *More Creative Interventions for Troubled Children & Youth*, *Creative Interventions for Children of Divorce*, and *Creative Interventions for Bereaved Children*. Her latest publication is a book she edited titled, *Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques*.

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