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Editorial Review

About the Author

Regan A. R. Gurung is the chair of the psychology department at the University of Wisconsin at Green Bay. His research interests include stress and coping, changing health behaviors, and the media and health. He currently teaches courses in health psychology and culture, development, and health and has published widely in journals such as Psychological Review. Gurung has won several teaching awards, most recently the University of Wisconsin Green Bay's 2004 Founders Association Award for Excellence.

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