



Child-Centered Play Therapy Workbook: A Self-Directed Guide for Professionals

By Jodi Ann Mullen, June M. Rickli

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This indispensable workbook successfully combines the foundational content needed to orient play therapists to the child-centered approach with an engaging series of reflective and experiential activities designed to help develop therapeutic competence. The many activities included here allow readers to engage in an interactive process to learn the philosophy and skills of child-centered play therapy: seeing the world through the child's eyes, empathizing, tracking, setting limits, recognizing childhood as culture, identifying themes and stages of therapy, and more. Throughout, the authors provide a personal backdrop for learning and living the child-centered play therapy philosophy, based on their many years conducting and supervising play therapy sessions. Both budding and seasoned play and child therapists stand to gain richly from their insights.

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Editorial Review

Review

Overall, the Child-Centered Play Therapy Workbook is a practical manual and resource to students of CCPT. Additionally, the book is useful to play therapy supervisors working with supervisees learning CCPT, providing many developmental resources. --Gabriel I. Lomas, Play Therapy

About the Author

Jodi Ann Mullen, Ph.D., N.C.C., R.P.T., is an assistant professor at The State University of New York at Oswego, Counseling and Psychological Services Department. She is the program coordinator of the Graduate Certificate Program in Play Therapy. Her professional background includes counselor education and preparation, supervising counselors and play therapists, and clinical practice. She is also the co-author of the Research Press book Counseling Children and Adolescents Through Grief and Loss. She is a National Certified Counselor and Registered Play Therapist.

June M. Rickli, MS, LMHC, CCPT-S, RPT, is assistant director at Integrative Counseling Services, PLLC, in Oswego, New York. She received her bachelor's degree in psychology and master's degree in mental health counseling from SUNY Oswego. She is credentialed as a registered play therapist through the Association for Play Therapy and as a child-centered play therapist and child-centered play therapist supervisor through the National Institute of Relationship Enhancement. She has presented workshops on play therapy throughout New York State. In addition to presenting, she also teaches at the graduate level in the Counseling and Psychological Services Department at SUNY Oswego. At Integrative Counseling Services, she provides play therapy services to children and counseling services to adults and adolescents, and is responsible for the supervision and management of graduate interns. She co-wrote How Play Therapists Can Engage Parents and Professionals (2011) with Dr. Jodi Mullen, has three grown children (two sons and a daughter), and is a proud grandmother to three granddaughters.

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