



Empowerment Series: Understanding Human Behavior and the Social Environment

By Charles Zastrow, Karen K. Kirst-Ashman

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Editorial Review

About the Author

Charles Zastrow, MSW, Ph.D., is Professor Emeritus in Social Work at the University of Wisconsin-Whitewater, where he chaired the Social Work Department for six years. He has also been the Assistant Director and Professor in the Social Work Program at George Williams College in Williams Bay, Wisconsin. A Licensed Clinical Social Worker in the state of Wisconsin, Dr. Zastrow has worked as a practitioner for various agencies, chaired social work accreditation site visit teams for the Council on Social Work Education (CSWE), and served on the Commission on Accreditation of CSWE. He also was a member of the BPD board. A leader in social work education and a bestselling author, Dr. Zastrow has written more than 45 articles in professional journals as well as nine books, including four other textbooks: *THE PRACTICE OF SOCIAL WORK*, *SOCIAL WORK WITH GROUPS*, *SOCIAL PROBLEMS: ISSUES AND SOLUTIONS*, and *UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT* (with Dr. Karen Kirst-Ashman).

Karen K. Kirst-Ashman is Professor Emerita and former chairperson in the Social Work Department at the University of Wisconsin-Whitewater, where she taught for 28 years. She has written six social work textbooks in multiple editions and numerous publications, articles, and reviews on social work and women's issues. She also has served on the Editorial Board of *AFFILIA: Journal of Women and Social Work*, and as a consulting editor for many social work journals including the *Journal of Social Work Education*. Dr. Kirst-Ashman has been a member on the Board of the Council on Social Work Education (CSWE) and has served as a CSWE accreditation site visitor on various occasions. She is a Licensed Clinical Social Worker in the state of Wisconsin. She has been the recipient of both the University of Wisconsin-Whitewater Roseman Award for Excellence in Teaching and the University Outstanding Teaching Award. She earned her BSW degree and MSSW degree at the University of Wisconsin-Madison and her Ph.D. in social work at the University of Illinois at Urbana-Champaign. She has worked as a practitioner and administrator in child welfare and mental health agencies.

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