



Low Carb-ing Among Friends Cookbooks: 100% Gluten-free, Low-carb, Atkins, Wheat-free, Sugar-Free, Recipes, Low-Carb Diet, Cookbook Vol-4

By Best selling author Jennifer Eloff, Best selling author George Stella, Best selling author Judy Barnes-Baker

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IMPORTANT This ****NEW Revised edition Volume-4**** is **ONLY** available from EUREKA PUBLISHING! It's much improved with many **COLOR** photos + many **NEW** added Recipes now organized by Category (not by author, anymore) all stringently Low-Carb! (1) Low-Carb-ing Among Friends is a **NATIONAL BEST SELLER** cookbook series for the Low-Carb community by the World's most famous LC-GF recipe creators, the #1 Low-Carb team in the world! 100% of the recipes are Sugar, Wheat and Gluten Free. Authors test their recipes with a variety of Low-Carb sweeteners, **NATURAL** and/or artificial. It is easy to use our cross-substitution info for **YOUR FAVORITE SWEETENER** (2) It's a collaboration between 5 talented recipe creators and a respected doctor (3) Each book showcases the unique talents and recipes of these famous recipe creators, bringing an exciting new style of cookbook to the Low-Carb world, **PLUS** we have a **FRIENDS** section of popular recipes! Our team of experts work together, complementing each other perfectly, contributing advice, recipes + decades of learning, making this book very special for Low-Carbers! **ALL** recipes are less than 10g carbs/serving, **MOST** less than 5g - From strict Induction to regular low-carbing! It's only partially a Paleo/Primal resource! 2/3rds of the recipes are for Meal-times, about 1/3rd are Breads, Desserts, Baking etc. If you're intolerant to gluten, have Celiac disease or prefer to avoid Wheat/Gluten products, you'll be thankful for this enormous resource of awesome recipes that are Low-Carb, 100% wheat and Gluten-free! These recipes are incredibly innovative, simply wonderful breakthroughs! It is easy to create low-carb, sugar-free recipes! It's tougher to also make those recipes wheat-free and gluten-free -that's challenging! We support you with Websites, Blogs, Facebook, many color photos + YouTube ****SPECIAL ORDER SPIRAL BOUND**** version at: AmongFriends.us or **BUY** Regular version at **AMAZON** (BUT only from EUREKA PUBLISHING!) with Amazon **PRIME FREE SHIPPING!**

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