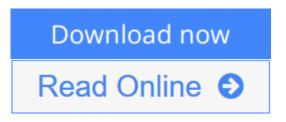


# A Swing for Life: Revised and Updated

By Nick Faldo



#### A Swing for Life: Revised and Updated By Nick Faldo

An instructional guide to the perfect swing from one of golf's most successful players and well-known television commentators.

"A Swing for Life represents the ultimate collection of lessons, swing thoughts, observations, and discoveries that I relied upon in a career dedicated to the game of golf." —Sir Nick Faldo

Nick Faldo is one of the world's most accomplished and well-respected golfers. His name is synonymous with the dedication that is necessary to reach the highest levels of the professional game, and the patience with which he analyzed and fine-tuned his swing rewarded him with six major championships. In this extensive book—revised and updated from the 1995 classic—Faldo draws on the wealth of that experience to demonstrate the skills that lie at the heart of the game, tee to green.

Revealing a collection of absolute *musts* that underpin golf's fundamentals, Faldo explains how to set in motion a chain reaction that inspires a flowing, repeating swing, a technique that can be applied to every club in the bag. There's a whole chapter dedicated to timing and tempo, featuring the drills and exercises Faldo used to maintain his own trademark rhythm, plus comprehensive lessons on modern driving strategy, short-game technique, bunker play, and the art of putting. Supporting his teaching throughout are superb photographs, as well as twenty-six original videos available for you to download from the book, adding a valuable dimension to the learning experience in every department of the game.

For veteran golfers, Faldo's strategy on "working the ball" reveals the true talent of shot-making and control, while his practical advice on taking your game from the range to the course—the art of visualizing shots and reproducing your skills under pressure—is universally applicable.

"At the highest level, golf is all about the respect a player has for the fundamentals—the lessons that have stood the test of time . . . and that's precisely the message that I am going to make sure comes across in this book." So says Faldo in his introduction to what is essentially a master class from one of the game's most exacting students and prolific winners. *A Swing for Life* promises inspiration for anyone who has ever picked up a golf club.

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## **Editorial Review**

Review "A wonderful piece of golf writing...essential for all golfers."

#### (Golf World)

"The six-time Major winner and former world No.1 takes a swing at dream rounds, wrong decisions and the lure of making a comeback." (John Naughton GQ)

"Might be as good an instruction book as any we've seen in recent years. It's certainly the most handsome...If any 'how to' book is worth the money, this is one." (*Golfing*)

"I love how Nick favored control over distance. His swing always had perfect rhythm and balance. Nick Faldo defied convention in his approach to developing his game to achieve the pinnacle of golf. I admire his single mindedness and his efficient approach to the game. He did it his way." (Luke Donald)

#### About the Author

**Nick Faldo** has been a professional golfer since 1976, and has won more than forty tournaments and six major championships. He has spent ninety-eight weeks total as the world's number one golfer. He is now primarily a television commentator and lead analyst for CBS and the Golf Channel.

## **Users Review**

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Have you spare time for a day? What do you do when you have much more or little spare time? Yep, you can choose the suitable activity to get spend your time. Any person spent all their spare time to take a walk, shopping, or went to the Mall. How about open or even read a book eligible A Swing for Life: Revised and Updated? Maybe it is to be best activity for you. You realize beside you can spend your time with the favorite's book, you can better than before. Do you agree with the opinion or you have some other opinion?

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