



Your Fantastic Elastic Brain: Stretch It, Shape It

By JoAnn Deak Ph.D.

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Did you know you can stretch and grow your own brain? Or that making mistakes is one of the best ways your brain learns? Just like how lifting weights helps your muscles get stronger, trying new things without giving up?like finding the courage to put your face in the water the first time you're at a pool?strengthens your brain. Next time, your brain will remind you that you overcame that fear, and you will be braver!

As a consultant to schools worldwide on issues of brain development and gender equity, author **JoAnn Deak**, Ph.D., and illustrator **Sarah Ackerley**, have crafted a fun and engaging introduction to the anatomy and functions of the brain that will empower each young reader to S-T-R-E-T-C-H and grow their Fantastic, Elastic Brain!

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Your Fantastic Elastic Brain: Stretch It, Shape It By JoAnn Deak Ph.D. Bibliography

- Sales Rank: #3912 in Books
- Brand: imusti
- Published on: 2010-12-13
- Released on: 2010-12-13
- Original language: English
- Number of items: 1
- Dimensions: 9.77" h x .34" w x 10.74" l, .99 pounds
- Binding: Hardcover
- 32 pages

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Editorial Review

Review

Story Circle Book Reviews: "The book explains to our children, in easily understood language, pictures and concepts, what the brain is all about, so that an 8-year-old boy could learn much about his skills, his abilities and his potential ... For the early readers, this book will be delightful in the new words and concepts the child can absorb AND understand while reading to themselves." ~ Laura Strathman Hulka, Story Circle Book Reviews" (*Story Circle Reviews*)

From the Author

PBS Parents: "Talk of brain growth can sometimes lead to overloading children with experiences, classes, etc. The brain acts like a collection of muscles and each part needs to be used, not just the parts that work well. If any parts are overworked, they will not grow in a healthy way." This title makes both a wonderful addition to a child's collection and to any growth mindset program or curriculum. (*PBS Parents*)

From the Back Cover

Mary Pipher, author of *Reviving Ophelia* and *The Shelter of Each Other* has called Dr. Deak "an earnest idealist and a rigorous researcher;- a good combination of head and heart."

Michael Thompson, author of *Raising Cain* and *Best Friends, Worst Enemies*, has said that her writing "offers parents humor, understanding, parenting philosophy, and well founded words of wisdom."

Linda Ellerbee, journalist and TV host, commented on Dr. Deak's book: "There's real wisdom between these covers. Do yourself a favor. Buy one copy for yourself [or your mother] and another to save for when your daughter is mother to a daughter."

Users Review

From reader reviews:

Kara Corbett:

Book is to be different for each grade. Book for children until adult are different content. As we know that book is very important for us. The book *Your Fantastic Elastic Brain: Stretch It, Shape It* had been making you to know about other understanding and of course you can take more information. It is very advantages for you. The book *Your Fantastic Elastic Brain: Stretch It, Shape It* is not only giving you far more new information but also being your friend when you experience bored. You can spend your spend time to read your e-book. Try to make relationship together with the book *Your Fantastic Elastic Brain: Stretch It, Shape It*. You never experience lose out for everything in case you read some books.

Angela Gagne:

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Amelia Page:

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Mary Fix:

What is your hobby? Have you heard that will question when you got pupils? We believe that that question was given by teacher on their students. Many kinds of hobby, All people has different hobby. And also you know that little person just like reading or as reading become their hobby. You need to understand that reading is very important and also book as to be the point. Book is important thing to provide you knowledge, except your teacher or lecturer. You discover good news or update concerning something by book. Numerous books that can you take to be your object. One of them are these claims Your Fantastic Elastic Brain: Stretch It, Shape It.

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